

Abstract Submission Template- Original

Title

The title should be concise, informative, and clearly reflect the main topic of the study.

Authors

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Abstract

Background:

Briefly describe the scientific background, rationale, and the main objective of the study.

Methods:

Describe the study design, study population, sample size, sampling method, data collection methods, main variables, and statistical analysis, as appropriate.

Results:

Present the main findings of the study. Where appropriate, provide relevant quantitative results, effect estimates, confidence intervals, and statistical significance.

Conclusion:

State the main conclusion based on the findings and, where appropriate, the potential scientific, clinical, public health, or practical implications.

Keywords

Provide 3–5 keywords that accurately represent the main concepts of the study.

ABSTRACT TEMPLATE – REVIEW STUDIES

Title:

The title should be concise, informative, and clearly reflect the main topic of the review. The title should not exceed 20 words.

Study Type:

Please specify the type of review:

Narrative Review

Systematic Review

Meta-analysis

Background and Objective:

Briefly describe the importance of the topic, the existing knowledge gap, and the main objective of the review.

Methods:

Briefly describe the methodology used for the review. Depending on the type of review, this section may include:

Information sources/databases searched

Search period

Main search terms or search strategy

Eligibility criteria

Study selection process

Method of quality/risk-of-bias assessment

Data synthesis methods

Statistical methods, if applicable

Results:

Present the main findings of the review. The number of included studies and the most important findings should be reported. For systematic reviews and meta-analyses, quantitative results should be presented when applicable, including effect estimates, confidence intervals, and measures of heterogeneity.

Conclusion:

Summarize the main findings and their implications for clinical practice, public health, nutrition policy, or future research, as appropriate.

Keywords:

Provide 3–5 keywords, preferably selected from the Medical Subject Headings (MeSH).

Abstract Formatting Requirements

Maximum abstract length: 300 words

The title and keywords are not included in the word count.

Do not include references, tables, figures, or charts in the abstract.

Avoid abbreviations whenever possible. If an abbreviation is necessary, define it at first use.

Do not include authors' names, affiliations, or contact information in the abstract text. These should be entered separately in the submission system.

The abstract should be written in clear and concise English.